

WOW

(Women of Worth)

19 August 2010 Challenge: Who you are in Christ

This month meditate and say out a loud to yourself the following scriptures.

What comes out of our mouth our heart starts to believe if we say it enough times!

Document in your journal any feelings or changes that might be taking place in your mind or heart!

His Holy Spirit speaks to us deep in our hearts and tells us that we are God's children. And since we are his children, we will share his treasures-for everything God gives to his Son, Christ is ours, too. Romans 8:16-17 NLT

**"I will not forget you. See I have engraved you on the palm of my hands".
Isaiah 49:15-16**

**I trust in your unfailing love. I will rejoice because you have rescued me.
I will sing to the Lord because he has been so good to me. Psalm 13:5-6 NLT**

**"I have called you by name; you are Mine. You have been honoured,
and I have loved you." Isaiah 43:1, 4**

Have a blessed month.

15 July 2010 Challenge: Trust...trusting God in every area of your life

What are you trusting God for right now? We need to continue spending time with God daily to develop a level of trust in Him so that no matter what happens in our life we can feel secure knowing that He will be there when we need Him. Meditate on these scriptures while you pray this month and put your trust in God - it's one thing to say it but another to actually believe it! Remember to journal what it is that you are trusting God for during the month.

Proverbs 16:20 - He who deals wisely and heeds God's word and counsel shall find good, and whoever leans on, trusts in, and is confident in the Lord – happy, blessed, and fortunate is he.

Proverbs 3:5-6 - Lean on, trust in, and be confident in the Lord with all your heart and mind and do not rely on your own insight or understanding. In all your ways know, recognize, and acknowledge Him, and He will direct and make straight and plan your paths.

Have a Blessed month

17 June 2010 Challenge: Faith...step out in it!

In this month's challenge we are going to step up a notch! I want you to combine the previous three topics blessing, pray and obedience with this month's topic faith.

James 2:26 - For as the human body apart from the spirit is lifeless, so faith apart from its works of obedience is also dead.

James 1:22 - Be doers of the Word (obey the message), and not merely listeners to it, betraying yourselves (into deception by reasoning contrary to the Truth).

During your pray time this month I want you to seek God like never before (seek means you don't stop until you find!) Pray for a desire of your heart, God knows what it is before you ask but He wants to hear you say it out loud. Now believe in your heart that desire you prayed about has been answered. You have to believe in faith that God has heard your pray and is working on your behalf for it to come to pass.

Mark 11:24-26 - For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will get it.

Psalms 37:4 - Delight yourself also in the Lord, and He will give you the desires and secret petitions of your heart.

Be obedient to His instruction straight away even though you don't feel like it (really put this one to the test, are you acting in flesh or spirit your response will tell you). Remember from obedience comes blessing.

Luke 11:28 - But He said, blessed (happy and to be envied) rather are those who hear the Word of God and obey and practice it.

Acts 20:35 - He Himself said it is more blessed to give than to receive. And for an extra dose of blessing find at least one person per week to bless. It could be something little like buying someone coffee or flowers, or sending them a thinking of you card or text, email whatever works for you. Remember to document all this in your journal.

20 May 2010 Challenge: Obedience...doing what you don't always want to do

This month we want to concentrate on what the Word of God is telling us to do in every day life situations.

1 Peter 5:7 - Casting the whole of your care (all your anxieties, all your worries, all your concerns, once and for all on Him, for He cares for you affectionately and cares about you watchfully.

Philippians 4:6-9 – Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God. And God’s peace (shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace) which transcends all understanding shall garrison and mount guard your hearts and minds in Christ Jesus.

For the rest, brethren, whatever is true, whatever is worthy of reverence and is honourable and seemly, whatever is just, whatever is pure, whatever is lovely and lovable, whatever is kind and winsome and gracious, if there is any virtue and excellence, if there is anything worthy of praise, think on and weigh and take account of these things (fix your minds on them).

Practice what you learned and received and heard and seen in me, and model your way of living on it, and the God of peace (of untroubled, undisturbed well-being) will be with you.

Joshua 1:8- This Book of the Law shall not depart out of your mouths, but you shall meditate on it day and night, that you may observe and do according to all that is written in it. For then you shall make your way prosperous, and then you shall deal wisely and have good success.

Have a Blessed month

15 April 2010 Challenge: Pray for... everything

Matthew 21:22- And whatever you ask for in prayer, having faith and (really) believing, you will receive.

Luke 5:16 – But He Himself withdrew (in retirement) to the wilderness (desert) and prayed.

Psalm 5:3 – In the morning You hear my voice, O Lord; in the morning I prepare (a prayer, a sacrifice) for You and watch and wait (for You to speak to my heart).

This month’s challenge is to start a prayer diary. You can do this by writing your prayers in a letter format or dot points. Be sure to write down any answered prayers as well.

This will help you to remember how good God is and what He is doing in your life!

Commit to daily personal prayer time. This may truly be a challenge at first if you are not use it, but once you form the habit of seeking God daily you will look forward to your quiet time alone with Him. This is your very own private time with God; honour Him by giving Him your undivided attention for even a short while every day. Seek the Holy Spirits guidance on what/whom you should pray for; remember to give God praise and thanks giving in your prayer time.

Have a Blessed month

18 March 2010 Challenge: Blessing...count yours and bless to be blessed.

Acts 20:35 – In everything I have pointed out to you (by example) that, by working diligently in this manner, we ought to assist the weak, being mindful of the words of the Lord Jesus, how He Himself said, It is more blessed (makes one happier and more to be envied) to give than to receive.

Luke 11:28 – But He said, Blessed (happy and to be envied) rather are those who hear the Word of God and obey and practice it.

Romans 12:14 – Bless those who persecute you (who are cruel in their attitude toward you); bless and do not curse them.

Write the title “Blessed” on the top of your page.

Number your journal page from 1-10.

Think of 10 blessings you have in your life, list them on your page.

Next to each one write what it is about that person or thing that blesses you.

Write the title “To Bless” on the second page.

Number your journal page from 1-6.

Think of 6 people you would like to bless in the next month (remember Romans 12:14).

The idea is to do a “Random Act of Kindness” to bless someone at least once a week.

Write down in your journal what the blessing was next to the person’s name.

If the blessing ends up being spontaneous and you don’t have the person on your list (that’s great, take every opportunity the Lord gives you). Just add them to your list.

Remember to bring your journal to the meeting next month!

God Bless you.